

# The Mortar & Pestle

*Black Student Pharmacist Organization  
Quarterly Newsletter*

Designed by: Elizabeth Echols

## UPCOMING EVENTS

### Feb. 7th - Safe Space Sunday

An informal meeting that will allow our members to have an open discussion about things outside of academia.

<https://bit.ly/39xvfxw>



### Feb. 23rd - MythBusters

Join us for a fun night of debunking myths about common medical misconceptions that affect Black patients. A prize will be awarded at the end!

<https://bit.ly/2MpqZam>

#### • Fundraising Raffle

#### • COVID-19 Patient Education Event

#### • Entrepreneurship Speaker

#### • "I Can Be Sad All by Myself"

#### • "The Good Fit" Residency Panel

#### • Game Night!

## CONTACT US



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## Why does the COP need BSPO?

Written by: Kyra Leonard

Black Student Pharmacist Organization was created with the intention of providing a social support group for Black and African-American students within the University of Georgia College of Pharmacy. During my second semester of pharmacy school, I noticed that the few programs about Black pharmacists left much to be desired. My classmates and I also noted various mentions of diversity and inclusion from the College but were unable to observe the actual manifestations. Likewise, in classes and engagements specifically designed to expose us to current professionals in the field of pharmacy, there was a notable absence that was painstakingly obvious-to us.

In addition to the noted absence of pharmacists who looked like me, there was a lack of unity and comradery amongst the Black students in the College. Seeing this blatant need, I thought it would be worthwhile to create those spaces that we were so noticeably absent from. Inspired by our sister chapter at the University of Missouri-Kansas City School of Pharmacy, I set out to emulate a similar organization here in the College of Pharmacy.

By providing special programming that is geared towards our unique cultural experience, we aim to not only provide networking opportunities for Black students to connect with pharmacists that resemble themselves but to also expose the COP and Athens community to societal barriers that have historically limited African-American & Black individuals from obtaining access to higher education. This quarterly newsletter will serve as one of the vectors to educate the COP and increase social avenues that are safe in the time of a national pandemic. Enjoy!

# A LOOK BACK AT JANUARY

We began the new semester with our Spring Semester Kickoff. The Spring Semester Kickoff gave us the opportunity to introduce ourselves and our purpose here at UGA to students who were interested in learning more about the organization.

We also held our first toiletry drive, and it was a huge success! We would like to thank everyone for all of their support and donations. We were able to provide three bins full of toiletries to Family Connections - Communities in Schools Athens. FCCIS is a non-profit that supports at-risk youth and their families. We hope to continue this each year and that it will be more successful in years to come!

## Spring Semester Kickoff



## First Toiletry Drive



## MEET OUR P1 LIASION JESSIE EDGAR JR.

"...as a P1 student I feel it's important for me to get involved in an organization and this is the organization that is the most compatible with my interests. I would hope that I can learn alot of things from this position."

**\*We want to thank everyone that took the time to apply for the P1 liaison position. It was a very competitive process. We want to encourage everyone to stay involved and look out for more opportunities in the near future!**





# HIDDEN FIGURES

Have you met...

## SARAH JONES



She is the Information and Instructional Technology Client Services Manager. Sarah is the reason you'll never miss a lecture! While this transition to virtual learning has been challenging, Sarah has been vital in keeping us connected. If you see her in the halls, don't forget to say thank you!

# GOOD READS...

Racial Disparities in  
Medication Use: Imperatives  
for Managed Care Pharmacy

**Author: Stephen J Kogut ,  
PhD, MBA, RPh**



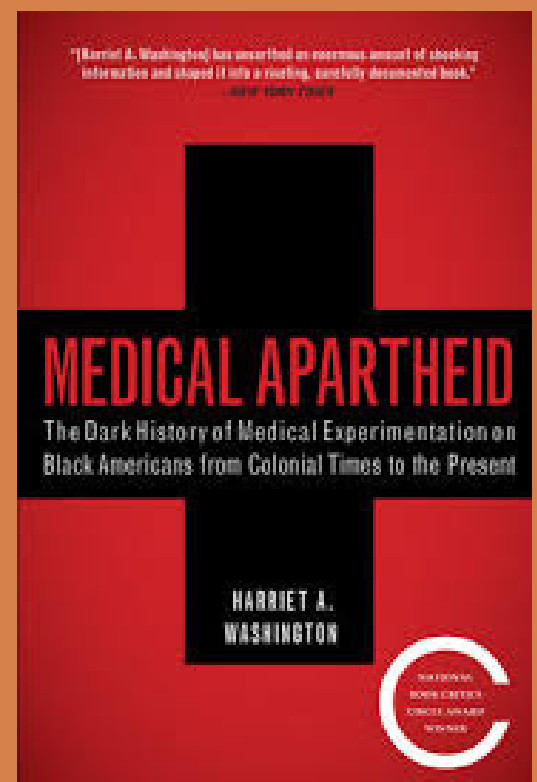
<https://bit.ly/3ajVmaq>

# BOOK OF THE MONTH

With: Tierra Jackson

## MEDICAL APARTHEID: THE DARK HISTORY OF MEDICAL EXPERIMENTATION ON BLACK AMERICANS FROM COLONIAL TIMES TO THE PRESENT

This book is a detailed account of the atrocities that African Americans have faced at the hands of the medical profession and the scientific community. It does a great job of offering insight as to why there is such distrust among some African American communities with their healthcare providers.



# LOCAL MINORITY OWNED BUSINESSES

## Restaurants

### **Punta Cana Latin Grill**

367 Prince Ave Ste 1, Athens, GA 30601

Phone: (706) 850-8960

### **Dawg on Good BBQ**

224 W Hancock Ave, Athens, GA 30601

Phone: (706) 613-9799

### **Weaver D's**

1016 E Broad St, Athens, GA 30601

Phone: (706) 353-7797

### **Food for the Soul**

1965 W Broad St, Athens, GA 30606

Phone: (706) 546-0052

### **Cool World Ice Cream**

1040 Gaines School Rd #218, Athens, GA 30605

Phone: (706) 850-8306

## Hair Care

### **Studio 74**

145 Epps Bridge Rd, Athens, GA 30606

Phone: (706) 543-9144

### **Jet's Cuts**

400 Hawthorne Ave, Athens, GA 30606

Phone: (706) 850-3379

## Businesses

### **Eric's Tailor Shop**

630 Hawthorne Ave, Athens, GA 30606

Phone: (706) 247-6446

### **Barbara's Alterations**

100 Northcrest Dr, Athens, GA 30601

Phone: (706) 548-2440

### **McRae Family Dental**

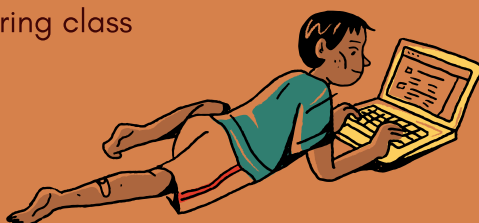
995 Baxter St, Athens, GA 30606

Phone: (706) 480-9410



## STUDY TIPS

- Schedule at least one hour of "me time" for every four hours of studying you do. Don't overwhelm yourself.
- Study lecture materials beforehand so you'll know what questions to ask during class



## INSPIRATIONAL QUOTE

"Challenges make you discover things about yourself that you never really knew."

– Cicely Tyson



Scan the QR code to enjoy a study playlist created by our Treasurer, Stanley Otiwu!