THE DAILY DOSE
UGA APhA-ASP Newsletter

Welcome Back

UPCOMING DATES

- APhA Institute on Substance Use Disorders - June 1st-4th
- GPhA Pharmacy Convention in Amelia Island, FL - June 17th-20th
- APhA-ASP Summer Leadership Institute - July 20th-22nd
- Classes Begin - August 18th

In this issue:

APRIL RECAP
POLICY CORNER
APHA INSTITUTE ON SUBSTANCE USE DISORDERS
MEMBER OF THE MONTH
OPERATION INPHARMATION: NATIONAL PRESCRIPTION DRUG TAKE BACK DAY
YEAR IN REVIEW
Hello APhA! Welcome back to our last edition of The Daily Dose for the 2020-2021 year! It has been such a pleasure working with this year's executive team and seeing all of our members contribute to the success of this organization.

Check out this month’s newsletter to get more information on the APhA Institute on Substance Use Disorders, which has been transformed into a virtual format for the 2021 meeting.

Additionally, you can read all about our Member of the Month, Brooks Patterson! Brooks is a reliable APhA member that is always ready to lend a helping hand. Congratulations, Brooks!

You can also enjoy our Operation InPhamration that focuses on National Prescription Drug Take-Back Days, designed by our Operation Substance Use Disorder Co-Charis, Mohit and Daniel.

Lastly, take a look at some pictures from throughout the year to review some highlights of APhA!

I hope to see you all back here in APhA-ASP next year for more events and more Daily Dose!
Held annually in Salt Lake City, Utah, the APhA Institute strives to educate student pharmacists and practitioners about the pharmacology and pathophysiology of addiction. Through interactive educational sessions, networking, and team-building activities participants are provided with a unique opportunity to learn about addiction, pain management, and how to provide assistance and support to individuals affected by alcoholism and other drug dependencies. For our virtual meeting this year, all new pharmacist attendees along with student pharmacists will be assigned a group for the nightly 12-step meetings.

**Registration Information**

**Deadline:**
May 21

**Cost:**
$49 for members

Reimbursement available!
Email Monica Acharya (monica.acharya@uga.edu) for more information

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**MEMBER OF THE MONTH**

**BROOKS PATTERSON**

Where are you from? Blairsville, Georgia

What year are you? P2

What is your favorite part about APhA?
I love the multitudes of opportunities that APhA provides to promote health literacy within our communities. I appreciate APhA because of its diverse body and the support it gives students to explore many different areas of pharmacy that we may not be initially be familiar with.

What are your plans after pharmacy school?
I am interested in a career in community pharmacy, but I am open to the possibility of pursuing a residency!

What is a fun fact about you?
I am a certified scuba diver and have been diving in the world’s second-largest coral reef.
The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.

985,392 POUNDS COLLECTED

The DEA conducts 2 major drug take back events every year— in October and in April. The above figure is from the October 2020 Event!

In 2019...

9.7 Million people misused prescription pain relievers

4.9 Million people misused prescription stimulants

5.9 Million people misused prescription sedatives/tranquilizers

OTHER DISPOSAL OPTIONS:

- prescription drop boxes at police stations and fire departments.
- prescription drop boxes at local pharmacies.
- using kitty litter or coffee grounds.
- using DisposeRx packets

IT'S TIME TO TAKE ACTION!

Make a plan today to get rid of extra prescription medications laying around your home! It can make your home safer for you and your loved ones!
A dihydropyridine calcium channel blocker is preferred when used in combination with a beta blocker.
- Do not use short-acting formulations of nifedipine.
- May cause peripheral edema
- Controversy over whether they are contraindicated in heart failure
  - Short-acting nitrates are used to treat acute ischemic episodes while long-acting nitrates are used in combination with beta blockers or calcium channel blockers to prevent future ischemic episodes.
- Work by decreasing oxygen demand and increasing oxygen supply
- Patient's must have nitrate-free intervals of 30-34 hours in order to prevent tolerance.
- Do not use nitrates as monotherapy.
- The most common adverse effect is headache, which can be treated with acetaminophen.
- Short-acting products include the nitroglycerin sublingual tablet and spray.
  - Take 1 sublingual tablet and repeat every 5-10 minutes as needed.