

POST GRADUATE YEAR TWO (PGY2)

AMBULATORY CARE RESIDENT SPOTLIGHT



UNIVERSITY OF
GEORGIA
College of Pharmacy
Clinical & Administrative Pharmacy

LOCATION: Athens, GA

Hometown: Tucker, GA

Pharm.D. The University of Texas at
Austin College of Pharmacy

PGY1: Phoebe Putney Memorial Hospital

PGY2: University of Georgia College of
Pharmacy

Pharmacy Interests:

direct patient care, chronic disease
management, teaching, precepting



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What is one piece of advice you have for future PGY2 residents?

Ask lots of questions! Your PGY1 program did the best they could to prepare you for your PGY2 program and you may have had co-residents during your PGY1 training, but you're likely the only PGY2 resident in your particular program now, so ask ALL the questions.

How do you think you have grown since starting the PGY2?

Since starting my PGY2 training, I have become a lot more confident in my clinical skills and the application of this knowledge. I thoroughly enjoy when knowing guidelines is not enough for a complicated patient because this drives profound conversations regarding interpretation of clinical data. Throughout my training thus far, I have gained more confidence in my teaching and precepting abilities as well. I was originally incredibly nervous about standing in front of large classrooms of learners, but it's been exciting interacting with learners and exploring their different queries and concerns.

Favorite thing about living in Athens, GA?

Athens still has several unique mom and pop shops in terms of restaurants, boutiques, etc. Needless to say, the campus is absolutely stunning, especially in the Fall, and the botanical gardens and hiking trails are also a great way to explore the Classic City. Athens also has tons of live music, sporting events, and comedy shows too.

Fun Facts:

I was born in Karachi, Pakistan and moved to the U.S. when I was three years old. I speak Urdu fluently, although my family may argue that my grammar is questionable.

Tell us about your PGY1 experience and how it prepared you for your PGY2:

My PGY1 program was incredibly kind and receptive to feedback. Phoebe allowed me to practice independently before I was fully confident in my abilities but my preceptors and mentors, both formal and informal, were always available to answer my questions. I realized early on in my training that I need to think out loud in order to process and prioritize information and make clinical decisions, and my preceptors welcomed this practice and built my clinical acumen by asking probing questions and sharing their own experiences to help inform my clinical decision-making skills.

Because of PPMH's affiliation with the UGA College of Pharmacy, I was also able to early commit to my PGY2 program which was extremely helpful. I worked closely with UGA COP faculty in Albany for my resident research project, teaching certificate, rotations, and many more experiences, and this allowed me to get more facetime and experience with the UGA COP. I knew I wanted to pursue a PGY2 in ambulatory care, and my RPD and RPC made sure I had the rotation and experiences I needed to prepare for the interview and interactions.

Recent Significant Projects:

I am currently working on a number of deliverables including a project for the Athens VA Clinic, Piedmont Physicians Group, and my residency research project. My project for the VA uses their dashboard to identify patients with ASCVD and/or T2DM who are at risk of heart failure who are not taking a GLP-1 RA or SGLT-2 inhibitor. Once appropriateness of SGLT-2 inhibitor was established, I am currently working on getting these patients started on empagliflozin, the SGLT-2 inhibitor currently on formulary. My project with Piedmont is a business plan looking into billing for CGM services provided by pharmacists with a collaborative practice agreement. The flipped model research project I am currently working on looks at the utility and efficacy of the DRP tool in the IPC course that P2 students attending the UGA COP are enrolled in. This project looks at how the utility and efficacy has impacted student performance across graduating classes.

What are your favorite aspects of the PGY2 residency so far:

The components of my PGY2 training program that I am enjoying the most right now along with the clinical experiences include the autonomy, formal and informal mentorship, variety of teaching and precepting experiences, and the overall setup where I get to engage with the public and private sectors alongside academia. I love that I'm getting to experience so many different roles of ambulatory care pharmacists and all the activities we can be involved in, which will help me in any position I hold in the future.