NOVEMBER 2019 VOLUME 2, ISSUE 3

## THE DAILY DOSE

**UGA APhA-ASP Newsletter** 



### In this issue:

**OCTOBER RECAP** 

**POLICY CORNER** 

MEMBER OF THE MONTH

**FACULTY ADVICE OF THE MONTH** 

**PHARMTOBERFEST** 

**MESSAGE FROM DR. WELCH** 

**PUMPKIN PAINTING CONTEST** 

**PINEWOODS** 

MRM

**AHA HEART WALK** 

**POINTS SYSTEM UPDATE** 

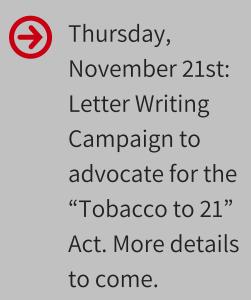
### **Welcome Back**

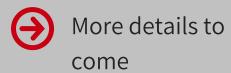
#### **UPCOMING DATES**

- Operation Immunization
   Presentation of AMSA November
   7th
- Organization Hour: Dr. Sara Miller (Grady Emergency Medicine and Toxicology)- November 12th
- MEDISCA Compounding Competition (IPSF and SNPhA)-November 16th
- Organization Hour: Dr. Michelle McElhannon with SDC (ANHC Ambulatory Care)- November 19th
- Letter Writing Campaign:
   November 21st
- Semi-formal: November 21st



# POLICY CORNER







### October Recap

by Laura Wade

Welcome back to our monthly newsletter! What a month October has been for our chapter-- we have so much to be proud of. Everything we have accomplished this month wouldn't have been possible without the help of our awesome members and faculty! If it wasn't for the dedication and passion you all have for this organization, we wouldn't be where we are now. We had such an amazing Pharmtoberfest this year, and I hope you enjoy looking through the pictures of all the fun! Pharmtoberfest wasn't the only successful event from October: other events such as Pinewoods, AHA Heart Walk. and MRM are highlighted in this issue. Thanks to everyone for your presence within our chapter so far, keep up the hard work! As the semester is winding down, stay motivated and know you can always reach out to any of our exec members for help!

#### **FACULTY**

### BRITTANY BROOKS

Where are you from? John's Creek, GA What year are you? P2

How are you involved in APhA? Member What is your favorite part about APhA?

#### **Pharmtoberfest**

What are your plans after pharmacy school? I plan to go to law school and specialize in pharmaceutical and patent law.

Please share any other information about yourself. I love taking my dog Aspen out on adventures and hikes.



# Advice of the Month

From Dr. Keith Herist

"You have to plant a seed to get a tree."
By that I mean be prepared to take advantage of all of life's opportunities, while creating your own destiny as much as possible, and enjoy the ride!"



## PHARMTOBERFEST



Thank you to everyone who helped make our 17th annual Pharmtoberfest such a success! We had record numbers with 200 flu shots, 90 blood pressure and blood glucose screenings, 32 HIV screenings, 13 Hep C screenings, 21 new voter registrations, 23 precinct changes, and 26 bone marrow registry sign-ups! We also had 36 booths offering health education, with special visits from the UGA Police Department, the Office of Emergency Preparedness, the UGA Health Center, UGA Miracle, and our











### Dr. Lindsey Welch APhA-ASP Faculty Advisor

To my awesome ASPer's:

You continue to amaze me each year with your passion for making Pharmtoberfest bigger and better every year. And you've done it again. Pharmtoberfest 2019 was the largest and most successful in the 17 year history of this event at the College. As the host organization, you all have been wonderful stewards of funding generously given to the College to promote pharmacy outreach in our community. To the Pharmtoberfest Exec Board, your dependability, motivation, organization, and capability made advising easy. You should be proud of what you accomplished! To each ASP member who served at Pharmtoberfest at booths, cleaning up, setting up, IPPE'ing, coordinating food, etc.: what might have seemed like a small role was necessary and contributed to the overall success of this event. Teamwork was on full display and I couldn't be more proud of you! Keep that passion for pharmacy and serving others fresh as you move forward to your careers! Sincerely, Dr. Welch







## Pharmtoberfest Pumpkin Painting Contest!

October is APhA's celebration of American Pharmacists
Month. As a way to celebrate our awesome profession, we held our 2nd annual Pumpkin Painting Contest!!
The contest was open to everyone in the College of Pharmacy, and the pumpkins were on display at Pharmtoberfest. Attendees voted for their favorite pumpkin and winners for both faculty and students were announced at the end of the event.

Congratulations to our winners, LKS and the Office of the Dean!! Thanks to everyone who participated in celebrating American Pharmacists Month with us!





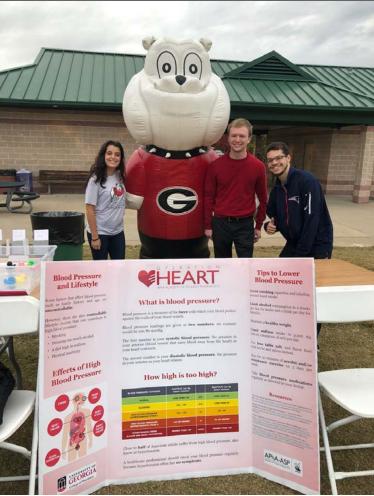


### **PINEWOODS**

ASP offered health screenings and education at a Pinewoods Mobile Home community in Athens, GA on Saturday, October 26th. We screened and educated 14 patients on blood pressure, blood glucose, and self-reported BMI, the majority of which did not have adequate health resources. The event was done in partnership with AMSA. Through collaboration, the event also included hygiene good bags and resources for free health clinics in the Athens area.







### MIDYEAR REGIONAL

### **MEETING**

We had a great weekend in Atlanta for Region 3 MRM! Emily Royal and Becca Bruning gave a presentation on our OTC Medicine Safety events, our proposed amendment passed in the Region 3 House of Delegates, and Morgan Easterling was awarded a Certificate of Recognition for her hard work and dedication to APhA-ASP!

#### AHA HEART WALK

The Heart Walk is the American Heart Association's top fundraising event for heart disease research. At the event Operation Heart had a booth that included a hypertension-focused trifold board and game. Volunteers with Operation Heart provided Heart Walk attendees with education on hypertension and tips for lowering blood pressure.





## SEE YOU NEXT MONTH!

## Points System Update!

Ever wonder why we have been keeping track of all those org hours, volunteer events, and professional dinners you have been going to? It's because we are going to reward the APhA member with the most points at the end of this semester! As of now, Suzanne Avant is in first, followed by Nikki Poirier, and then Martavius Cladd. Keep up the hard work-- there's still time left in the semester to rack up

