

LET'S TALK ABOUT SEXUALLY TRANSMITTED INFECTIONS

There are dozens of STIs, but they can be avoidable through safe sex. It is important if do decide to be sexually active to practice proper condom usage to prevent the spread of STIs. Below are some common STIs information about how to spot them.

by Phi Delta Chi

1 HIV/AIDS

HIV is a virus that attacks the body's immune system. This makes those infected more vulnerable to other infections and diseases. It is spread by contact with bodily fluids of a person with HIV. This most commonly occurs during unprotected sex. Common symptoms are fever, chills, swollen lymph nodes, and night sweats.

2 CHLAMYDIA

Chlamydia is a STD that infects both men and women. If left untreated, it can cause permanent damage to a woman's reproductive system. You can get chlamydia by having, vaginal, anal, or oral sex with someone who has chlamydia. Common first symptoms for men are clear watery urethral discharge and for women pain during intercourse.

3 GENITAL HERPES

Genital herpes is an STD caused by two types of viruses. The herpes simplex virus type 1 and herpes simplex virus type 2 are both spread through bodily fluids of someone infected. Oral herpes are caused by HSV-1 and can cause herpes sores near the mouth. Genital Herpes is caused by HSV-2 and spreads through sexual contact.

4 GENITAL WARTS

Genital warts are one of the most common types of STI and are caused by certain types of human papillomavirus. HPV is spread from having skin to skin contact with someone who is infected. Common symptoms are warts appearing on your genitals or anus. Luckily there is a vaccine out there that can help prevent certain strands of HPV.

5 GONORRHEA

Gonorrhea is a STI that can infect the penis, vagina, cervix, anus, urethra, throat, and eyes. Most people with gonorrhea are asymptomatic, but it leads to more serious health problems if not treated with antibiotics. It is spread through sexual bodily fluids of someone who is infected. Some common symptoms include burning feeling when you pee and abnormal discharge from the vagina.

6 SYPHILIS

Syphilis is a common bacterial infection that is spread through sex. It is spread through vaginal, anal, and oral sex. Common symptoms are sores on your genitals. These are usually painless, but are spread through the sores. Syphilis comes in three stages. First being development of sores. Then rashes on the palm of your hands. Finally, late stage syphilis can cause tumors, blindness, and paralysis.

7 PELVIC INFLAMMATORY DISEASE

PID is an infection in female uterus, fallopian tubes, and ovaries. It occurs when bacteria moves from your vagina and cervix to other parts of your body. It is usually caused by 2 STI s chlamydia or gonorrhea. Some symptoms include longer, heavier, or more painful periods, pain in your belly, vaginal discharge, and fever or chills.

8 SCABIES

Scabies is an itchy skin condition caused by tiny parasites. It is passed through skin to skin contact. It takes extended periods of direct skin-to-skin touching to spread scabies. Some common symptoms include, intense itching that gets worse at night, rashes that have pimple-like bumps, and small raised crooked lines on your skin.

