

THE DAILY DOSE

UGA APhA-ASP Newsletter



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UPCOMING DATES

- Patient Counseling Competition - **December 1st and 2nd**
- Classes End - **December 6th**
- Reading Day - **December 7th**
- Final Exams - **December 8th-14th**
- Spring Classes Begin - **January 9th**

ROBERT C. WILSON PHARMACY BUILDING



Fall Recap

by Evans George

Welcome back to our newsletter. I hope this semester is going well for everyone and you are ready to round out the fall semester! I am so excited to share some interesting history in this issue along with a fun recap of Pharmtoberfest.

Be sure to check out our current point leaders who each have a chance to win a prize at the end of this semester. If you don't see your name this time around, not to worry, there is still plenty of time to earn points in the Spring before our large end-of-the-year prizes! Lastly, consider participating in the annual APhA-ASP Patient Counseling Competition for a chance to represent our chapter nationally while completing an incredible experience to add to your CV. Information for this will be sent out soon.

I hope that you all have a fantastic winter break and I can't wait to get you all the next Dose next Spring!!



UPCOMING APHA-ASP EVENTS



November 18

Hawthorne POC Testing
OP Heart + Diabetes

November 15

General Body Meeting

November 30

Packing Party
OP Women's Health + LKS

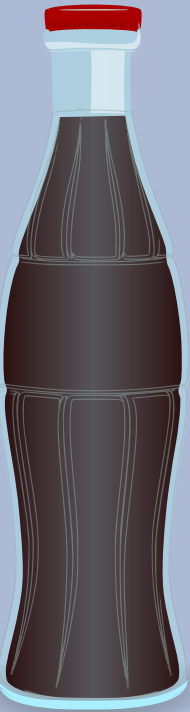
December 1-2

Patient Counseling Competition

Did You Know?

"Drink it Up!"

By: Evans George



Everyone knows-what some would say,America's National Drink- Coco-Cola. The company Coco-Cola has been around since 1892. However, few people know that the classic drink was developed by a Pharmacist! In 1886, a pharmacist from Atlanta named **John Pemberton** invented the refreshing syrup. He sold it at his store for five cents a glass, and his bookkeeper suggested the name "Coca-Cola" and designed the penmanship that is now the modern day logo.

The drink was first sold at Jacob's Pharmacy and was declared "excellent". Soon the syrup was paired with carbonated water and term a new soda fountain drink.

Who knew a modest pharmacist from **Atlanta GA** played a huge role on one of the most famous refreshment companies today. Over 350 years later and Pharmacist Pemberton is still helping people "Open happiness!"

In a city called Waco one year prior to the invention of Coco-Cola, another pharmacist was busy at work. **Charles Alderton**, employed at the old Corner Drug Store in Waco, Texas by Wade Morrison, drafted a drink called Waco after spending time combining different fruity flavored syrups to eventually concoct the famous recipe.

The mixture was was a huge hit and was sold individually at fountains or the drug store! From 1885 to 1891, the drink rose in popularity and eventually Morrison bought a bottling company to dispense the drink in 1991.

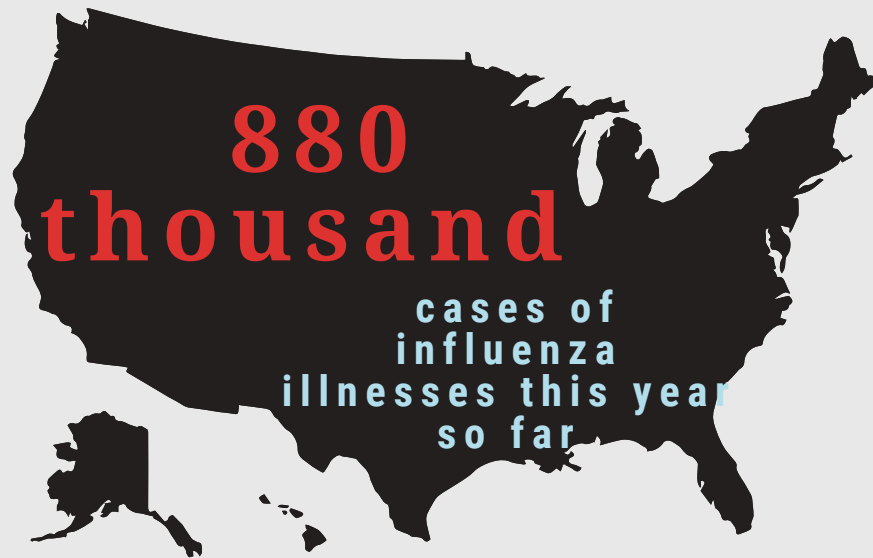
Waco was later renamed after Morrison's first employeer, Dr. Charles Pepper. Rumor has it that Morrison stole the recipe, but whatever the tale, the beginnings remain true. A young Pharmacist allowed for millions of customers to enjoy the "always one of a kind" soda.



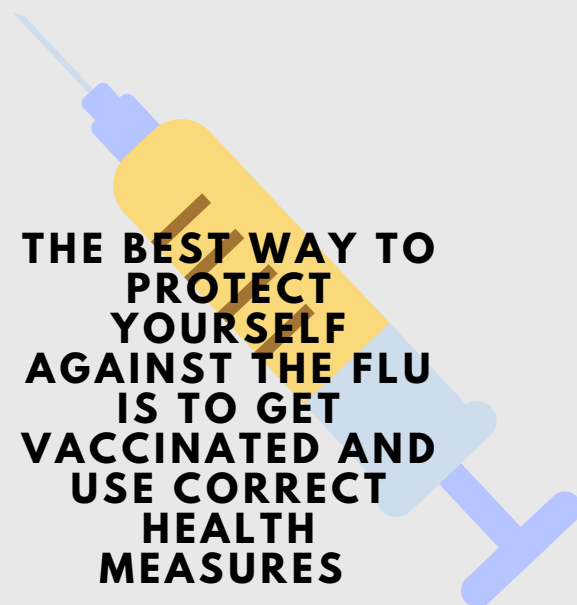
OPERATION IMMUNIZATION

FLU SEASON STATS

Information provided by Evans George



This season so far there has
been 6,900 hospitalizations
and 360 deaths from the flu
virus



There are also flu
antiviral drugs that can
treat influenza

WAYS TO PROTECT AGAINST THE FLU

WASH YOUR HANDS



**AVOID TOUCHING EYES,
NOSE, & MOUTH**



**COVER MOUTH
AND NOSE WHEN
COUGHING OR
SNEEZING**

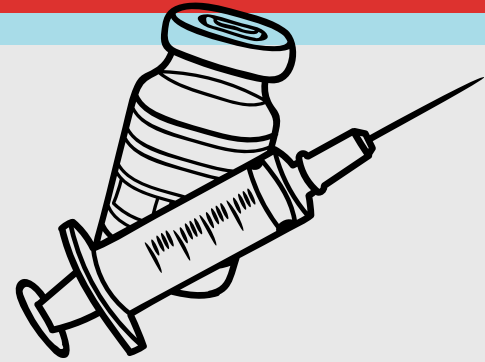


OPERATION IMMUNIZATION

FLU UGA

Information provided by Alexandria Rakestraw, Op-Immunization Co-chair

THIS SEMESTER, OPERATION IMMUNIZATION HAS FOUND MANY AMAZING OPPORTUNITIES TO SHOWCASE THE TALENTS OF PHARMACY STUDENTS ACROSS THE COLLEGE. ONE OF THE EVENTS THAT OPERATION IMMUNIZATION HAS BEEN INVOLVED IN WAS FLUGA FEST. MANAGED DIRECTLY BY APHA'S ADVISORS DR. HANNINGS, DR. MCELHANNON, FLUGA FEST WAS AN OPPORTUNITY FOR APHA MEMBERS TO VOLUNTEER FOR IMMUNIZATION SCREENINGS THAT DIRECTLY PREPARED THEM FOR THEIR FUTURE IPPE'S OR COMMUNITY CLINICS. VOLUNTEERING FOR APHA WERE VICTORIA CLARK, JUSTIN BARNETT, ABIGAIL MILLSAPS, EVANS GEORGE, AND ALEXANDRIA RAKESTRAW. THEY DID AN AMAZING JOB REPRESENTING THE COLLEGE OF PHARMACY AND APHA.



Operation Womens Health

BY: ALLEY DORSEY, OP-WH CO-CHAIR

APHA-ASP REACHS TO STUDENT PHARMACISTS:

Hormonal contraception (the pill, patch, ring, and injection) has been used by women for over 60 years, and is safe and effective. However, women often face unnecessary barriers accessing birth control.

Obtaining hormonal contraception directly from a pharmacist, without requiring a doctor's appointment or prescription, improves access to these important medications. Direct pharmacy access to hormonal contraception is already authorized in 16 states, and provides more options for women to control their reproductive health and lives.

As a committee, we have created a signature drive that will allow student pharmacists the chance to show their support for this potential legislative change. The list of signatures obtained will be sent to Georgia legislators in order to bring awareness and support to this area of pharmacy.

Look here to support our:

Signature Drive



AMERICAN PHARMACIST MONTH

October 2022

On Thursday, October 20th, the American Pharmacists Association - Academy of Student Pharmacists (APhA-ASP) Chapter at the University of Georgia College of Pharmacy hosted the 20th annual Pharmtoberfest Health Fair on DW Brooks Mall. Pharmtoberfest is held in recognition of American Pharmacists Month with the intent of serving students, faculty, and staff at the University of Georgia. A special thanks to the UGA Police Department, University Health Center (UHC), Department of Public Health, and our sponsor, Kroger, for their collaboration.

The overarching theme of Pharmtoberfest is to emphasize the dedication of pharmacists to patient care by showcasing the vast knowledge and skill set obtained through the Pharm.D. curriculum. In addition to screenings and immunizations offered at the health fair, there were over twenty-five educational booths hosted by different pharmacy, healthcare, and other safety or wellness organizations. The #FLUGA clinic co-hosted by the College of Pharmacy and UHC administered 131 flu shots to patients. Additionally, APhA-ASP members performed blood glucose and blood pressure screenings on 59 individuals. Several individuals were screened for HIV by LiveForward and the Department of Public Health. The Student Oncological Advocates in Pharmacy (SOAP) also hosted a bone marrow donor drive which resulted in 35 individuals being added to the registry. Other educational topics provided included alcohol education, heart health, the Human Papilloma Virus (HPV) vaccine, stress management, and many more.

Individuals participated in multiple components of the fair and received free Chick-fil-A sandwiches. There was also free popcorn, cotton candy, and photo opportunities with Hairy Dawg. The impact of Pharmtoberfest on our University's community has continued to grow and allow us, as the future of pharmacy, to advocate for our patients. We hope to continue this success and urge you to join us at next year's Pharmtoberfest in 2023. Go Dawgs!

Pharmtoberfest Stats:

131 Flu shots

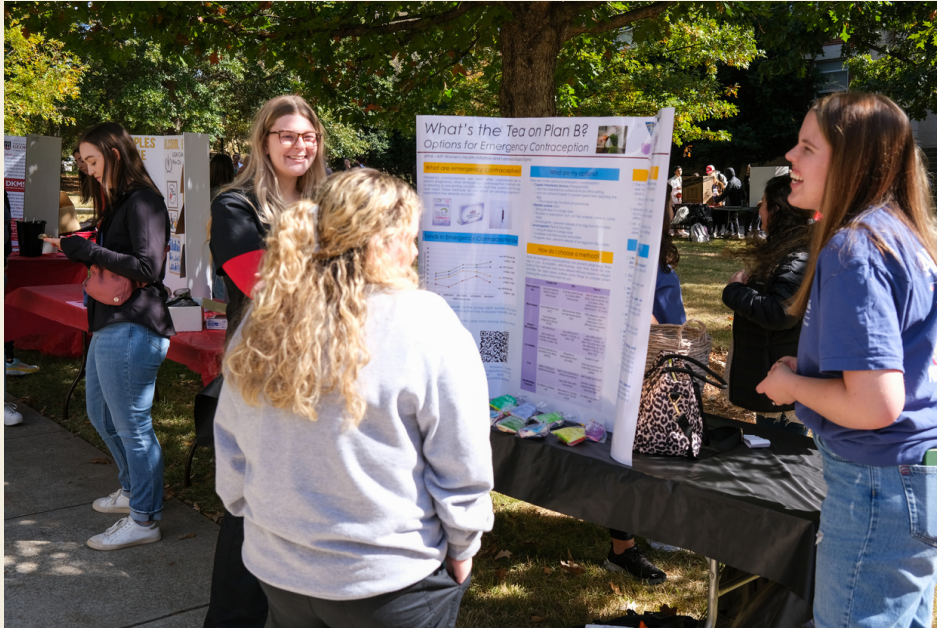
59 POC tests

35 Bone Marrow Donations

100+ attendies

PHARMTOBERFEST HIGHLIGHTS

October 2022



UGA'S LKS CHAPTER HIGHLIGHT
WOMEN'S HEALTH BY EDUCATING
ON THE AFTERMATH OF
EMERGENCY CONTRACEPTION



P₂ PHARMACY STUDENTS EXPLAIN
THE IMPORTANCE OF STRESS
MANAGEMENT AND DIABETES
RISK



KROGER REMINDING EVERYONE OF
THE IMPORTANCE OF BEING
GRATEFUL AND KEEPING OUR
PLANET HEALTHY

UPCOMING OPPORTUNITY

December 1-2

Our UGA APHA-ASP CHAPTER holds an annual counseling competition. This acts as preliminary rounds to determine finalists for nationals.

The top 10 finalists will move into final round in January.

Winner represents UGA nationally in February.

More info to follow!



Fall 2022 Current Point Leaders



Pr: 1st-Emma Thomas, 2nd-Sean Hauck, 3rd-Madison Marquess & Brantley Hughes & Byron Gomez (tied)

P2: 1st-Kendall Jolly, 2nd-Abigail Millsaps, 3rd-Erin Lanier

P3: 1st-Kylee James , 2nd- Micah McKinnie, 3rd- Rachel Clark, Raja Munthe, Allison Shoupe

Leader in each class will get a prize at the end of this semester and the top 3 in each class will get a prize at the end of the year!