POST GRADUATE YEAR TWO (PGY2)

AMBULATORY
CARE RESIDENT
SPOTLIGHT



LOCATION: Athens, GA



Sarah Thompson, PharmD

Sarahthompson3@uga.edu

Hometown: Groesbeck, TX

Pharm.D. University of Texas at Tyler Ben and Maytee Fisch College of Pharmacy

PGY1: Baylor Scott and White Hospital

PGY2: University of Georgia College of Pharmacy

Pharmacy Interests:

Academia and chronic disease management with special interest in primary care, cardiology, and women's health

What is one piece of advice you have for future PGY2 residents?

Ask questions and do your research. PGY2 is an opportunity to specialize in an area you are passionate about. With many phenomenal programs to choose from, find the one that will set you up to be the pharmacist you desire to be. Asking questions does not have to be confined to a showcase booth or PPS interview session, do not hesitate to reach out to a program to learn more about them as you navigate your search for your perfect program.

How do you think you have grown since starting the PGY2?

Coming from an acute care setting, I was excited to expand my knowledge in chronic disease states while learning the ins and outs of the academia world. Since starting PGY2, I have grown beyond what I could've imagined. Not only have I grown in my clinical knowledge, but my confidence in managing the intricacies of an ambulatory care clinic and my clinical decision making has grown immensely. Additionally, given the unique and plentiful academic opportunities through the university of Georgia College of Pharmacy, I am developing my preceptor style and classroom presence by engaging in small group activities, delivering didactic lectures, hands-on skills labs, and one-on-one preceptorship with experiential students

Favorite thing about living in Athens, GA?

From exciting live music to peaceful walks through the botanical gardens, there is truly something for everyone in the vibrant city of Athens! With a wide selection of delicious restaurants and breweries and sporting events, there is always something to do. My personal favorite aspect of Athens is its proximity to the breathtaking mountains, beaches, and the large city of Atlanta – making for memorable weekend getaways.

Fun Facts:

When I was young, I learned how to draw from my father and quickly found my favorite medium was charcoal portraits. Throughout pharmacy school, I sold various portraits and created a YouTube channel and Instagram page to showcase these pieces.

Tell us about your PGY1 experience and how it prepared you for your PGY2:

My PGY1 at Baylor Scott and White (BSW) was a general hospital-based program where I was one of six first-year residents. Not only did this experience provide a solid knowledge base on a wide variety of disease states, but it also enhanced my clinical decision-making skills and confidence which made the transition into PGY2 significantly smoother. Additionally, I had the opportunity to serve as Chief resident which strengthened my project management, time management, and organizational skills that I use daily in my current role. Finally, through the teaching certificate at BSW, I was able to precept students, facilitate skills labs, and deliver multiple didactic lectures which have been extremely beneficial in my current role with UGA.

Recent Significant Projects:

Evaluation of Confidence Gains and Feasibility of an AI Chatbot to Develop Patient Counseling Skills in A Communications Course: In this project, we have developed simulated patients through ChatGPT to facilitate practice of communication skills for first-year pharmacy students. When students use this tool, the chatbot will provide feedback on the students' performance. The goal of this project is to increase student confidence in communication skills and further explore the role of artificial intelligence in healthcare education.

What are your favorite aspects of the PGY2 residency so

far: There are many great aspects of this program. First, through the VA Athens clinic and Piedmont community care clinic, I have been able to practice in two different clinic settings. This design has given me experience under both a scope of practice and through a collaborative practice agreement, further strengthening my confidence in a number of ambulatory care settings. Additionally, I am working with amazing pharmacists, physicians, nurses, and other healthcare members who have welcomed me into their team with open arms. Finally, this program offers a robust academic component that directly aligned with my career goals in becoming an acamedician.